



### Keep Reading

**PHONICS:** See next page

#### **READING:**

Choose a book for you to share with your grown up(s) or your older brothers and sisters.

**MON:** Get your grown up to read it to you.

**TUE:** Re-tell it to your grown up.

**WED:** Ask a grown up to read your book to you, then read it back to them.

**THU:** Talk about the book together.

**FRI:** Without reading the book, tell a grown up all about it.

### Keep Communicating

**Practice your writing and handwriting**

Practice writing your name. To challenge yourself, see if you can write your full name. Practice writing this week's graphemes (see next page).

#### **Thinking about growing up**

Talk about how you have changed since you were a baby. How have you changed? What can you do now that you couldn't then?

### Be Active

**Joe Wicks' Daily Workout**

<https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>

**Yorkshire PE Foundation**

**Footwork patterns**

[https://www.youtube.com/watch?v=lfra8pSPEhE&list=PLYGRaluWWTojV3An2WEgsQ4qGFy\\_91jDL&index=4&t=0s](https://www.youtube.com/watch?v=lfra8pSPEhE&list=PLYGRaluWWTojV3An2WEgsQ4qGFy_91jDL&index=4&t=0s)

#### **PE CHALLENGE:**

Get a ball and a bucket or some form of target. Start 1 metre (measure or estimate) away from your target and try to throw the ball in. Every time you succeed move 1 metre back. How far can you go?

### Be Scientific or Creative

Draw a picture of yourself and talk about what the different parts of your body are called.

Sing 'Head, shoulders, knees and toes'

<https://www.youtube.com/watch?v=fvEtwhui1>

### Be Musical

Sing 'Miss Polly had a dolly.'

<https://www.youtube.com/watch?v=vAbMi7DY1eo>

Can you make up your own song about a dolly?

### Be Mathematical

**NUMBER BLOCKS: 1:**

<https://www.youtube.com/watch?v=7APNVVdrx5M>

Further information is down below.

**Brush up on your phonics!**

Day	Practice reading and saying the sound	Practice reading some or all of these words. Try listening to all the sounds in the word and then blend them back together.	Try reading this nonsense word!
Monday	s	sun sap sink	semp
Tuesday	a	ant ask acts	amf
Wednesday	t	tap tag tent	tul
Thursday	s a t	sip arm twist	sact
Friday	s a t	song fan ticks	tast

**Practice your Mathematics!**

Monday	Practice writing number 1 and collect 1 thing from your home or outside.
Tuesday	Practice writing number 2 and collect a set of two things from your home or outside.
Wednesday	Find as many squares in your house as you can.
Thursday	Sing '5 Little Ducks' <a href="https://www.youtube.com/watch?v=x-KQvzuxtMc">https://www.youtube.com/watch?v=x-KQvzuxtMc</a>
Friday	Draw 5 little ducks in your book and count to check you have 5.